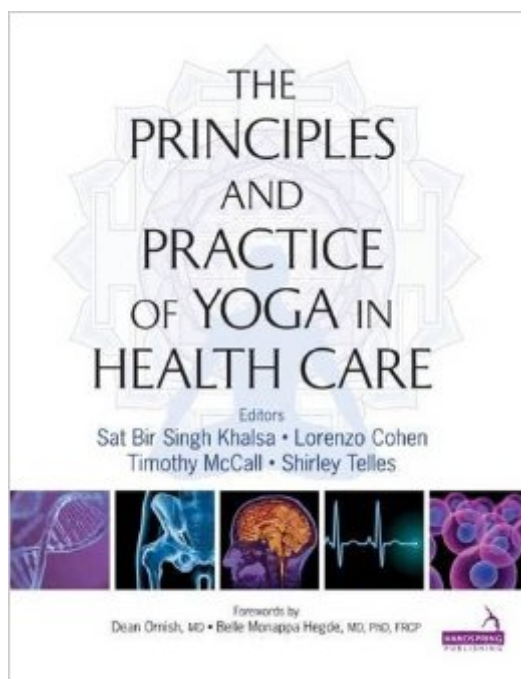


The book was found

Principles And Practice Of Yoga In Health Care



Synopsis

The Principles and Practice of Yoga in Health Care is a professional-level textbook with contributions by multiple expert researchers and therapists in the field. This book brings together the science and the practice of yoga therapy supports the emergence of yoga therapy as a credible profession comprehensively summarizes research findings and their practical implications for professionals who use yoga or refer patients for yoga practice includes chapter contributions by leading biomedical researchers of yoga reviews the scientific evidence base for yoga for a wide variety of medical conditions Provides brief contributions by expert yoga therapists describing practical implementation issues relevant to yoga for specific conditions. The editors include three eminent yoga therapy researchers and one renowned practitioner in the field. They have brought together an experienced team of researchers and yoga therapist contributors. This book will prove essential to yoga therapists, physical therapists, medical doctors, psychologists and other health professionals interested in yoga as a therapeutic intervention.

Book Information

Paperback: 538 pages

Publisher: HANDSPRING PUBLISHING LTD; 1 edition (June 6, 2016)

Language: English

ISBN-10: 1909141208

ISBN-13: 978-1909141209

Product Dimensions: 1.2 x 7.5 x 10 inches

Shipping Weight: 2.7 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 starsÂ Â See all reviewsÂ (3 customer reviews)

Best Sellers Rank: #57,348 in Books (See Top 100 in Books) #13 inÂ Books > Textbooks >

Medicine & Health Sciences > Medicine > Clinical > Physical Medicine & Rehabilitation #24

inÂ Books > Medical Books > Medicine > Internal Medicine > Physical Medicine & Rehabilitation

#49 inÂ Books > Textbooks > Medicine & Health Sciences > Alternative Medicine

Customer Reviews

if you ever want to mention, i mean just mention, how beneficial yoga practice has become as an adjunct to the traditional healing arts of the West, here's 500+ pages of backup. a little dry, but thrilling if you're into it.

Must read for those who want to better understand the connection between yoga and how it can

affect your health.

Excellent book exploring the benefits of Yoga in Health Care.

[Download to continue reading...](#)

Yoga Philosophy of Patanjali: Containing His Yoga Aphorisms with Vyasa's Commentary in Sanskrit and a Translation with Annotations Including Many Suggestions for the Practice of Yoga Principles and Practice of Yoga in Health Care Glimpses of Raja Yoga: An Introduction to Patanjali's Yoga Sutras (Yoga Wisdom Classics) Cats: Cat Care- Kitten Care- How To Take Care Of And Train Your Cat Or Kitten (Cat Care, Kitten Care, Cat Training, Cats and Kittens) Dogs: Dog Care- Puppy Care- How To Take Care Of And Train Your Dog Or Puppy (Dog Care, Puppy Care, Dog Training, Puppy Training) Restorative Yoga For Breast Cancer Recovery: Gentle Flowing Yoga For Breast Health, Breast Cancer Related Fatigue & Lymphedema Management The Study And Practice Of Yoga/An Exposition of the Yoga Sutras of Patanjali/Volumell Mussar Yoga: Blending an Ancient Jewish Spiritual Practice with Yoga to Transform Body and Soul Yoga Chants: Deepen Your Yoga Practice with Authentic Sanskrit Chant Inside the Yoga Sutras: A Comprehensive Sourcebook for the Study & Practice of Patanjali's Yoga Sutras Community/Public Health Nursing Practice: Health for Families and Populations, 5e (Maurer, Community/ Public Health Nursing Practice) Essentials in Hospice Palliative Care - Second Edition: A basic end-of-life manual explaining how to care for the dying and helps health care workers, family and patients deal with death and dying. Principles And Practice of Mechanical Ventilation, Third Edition (Tobin, Principles and Practice of Mechanical Ventilation) Principles and Practice of Gynecologic Oncology (Principles and Practice of Gynecologic Oncology (Hoskins)) ASTNA Patient Transport: Principles and Practice, 4e (Air & Surface Patient Transport: Principles and Practice) DeVita, Hellman, and Rosenberg's Cancer: Principles & Practice of Oncology (Cancer: Principles & Practice (DeVita)(2 Volume Set) Curing Medicare: A Doctor's View on How Our Health Care System Is Failing Older Americans and How We Can Fix It (The Culture and Politics of Health Care Work) Health Care Emergency Management: Principles and Practice Health Care Will Not Reform Itself: A User's Guide to Refocusing and Reforming American Health Care Global Health Care: Issues and Policies (Holtz, Global Health Care)

[Dmca](#)